



Westfield Nursery School



Home Learning Challenge: Personal, Social and Emotional Development

Every half term we send home a challenge for you and your child to enjoy doing together at home.

In conjunction with our PSED Stay and Play Day on Friday 17th May (for Ladybirds, Caterpillars and Butterflies classes), we are setting a PSED home-learning challenge for this half term.

Please support your child by talking to them about their feelings. Encourage them to express themselves by adding drawings, cut out pictures or writing onto the happy face and sad face.

Ask 'What makes you happy?' 'What makes you sad?'



✓ Challenge- Try the activity with another emotion such as scared or make a 'feelings' poster

Early Years Foundation Stage Curriculum: Personal, Social and Emotional Development- Managing Feelings and Behaviour

22-36 months Can express their own feelings such as sad, happy, cross, scared, worried.

30-50 months Aware of own feelings and knows that some actions and words can hurt others' feelings.

40-60 months Understands that own actions affect other people.