



# Westfield Nursery School

## Move with confidence

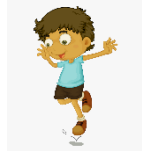
At Westfield Nursery we will provide you with the opportunity to be active and understand the role of your body.

**You will learn:** To move in different ways.

Running



Jumping



Skipping



Hopping



Climbing



Throwing and catching



Hitting



Kicking



Balancing



Pedalling



**Your teachers will make sure you achieve by:**

Providing you with safe and fun activities and resources to explore



Sharing information with your family



Having high expectations



Making sure all of you can use the resources and activities.



Doing these things will make sure you have fun, and the best start in growing your core strength, stability, balance, spatial awareness, agility and co-ordination and to improve your gross motor skills. 😊