Westfield Nursery School

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Dear Parents and Carers,

We are excited to announce that we will be celebrating **Eco Week** at nursery on the 11/5/26-15/5/26! This is a wonderful opportunity for the children to learn about caring for our planet through simple, fun activities both at nursery and at home.

We would love for you to join us in supporting the following daily themes:

🌱 **Meat-Free Monday**
Encourage your child to enjoy meals without meat. This helps reduce our environmental impact and introduces children to new foods. Pack a meat free lunch for your child.

📝 **Whiteboard Tuesday (Paper-Free Day)**
We will be avoiding paper use where possible. We will use whiteboards, chalkboards, or reusable surfaces for drawing and writing instead of using paper.

🚶 **Walk to School Wednesday**
If possible, walk, cycle, or scoot to nursery instead of driving. It's a great way to stay active and reduce pollution.

🌼 **Thrive Thursday (Plant Something)**
Plant something with your child—flowers, herbs, or vegetables. This is a great way to teach children about nature and caring for living things. We will be planting at Nursery; can you plant something at home too.

🎲 **Fun Night Friday (No Screen Time)**
Enjoy a screen-free evening together! Play board games, read stories, or spend time chatting and having fun as a family.

We are really looking forward to a week full of learning, creativity, and eco-friendly habits. Thank you for your continued support in helping us inspire the children to care for our environment.

If you have any questions please feel free to speak to a member of staff.

We would love for you to take pictures of your eco week and send them to l.andrews@westfieldnurseryschool.org

Central Bedfordshire Council Accredited Setting
Healthy Child, Healthy Workforce Quality Standards