

Westfield Nursery School

Home Learning Challenge (Summer Term 1)

Learning Focus- I Can Communicate My Feelings, Wants and Needs (Personal, Social & Emotional Development)

Either

1. Cut up the emotions into small cards. Select a card. Introduce the name of the emotion and talk about what this emotion feels like and times when you might have felt that emotion? Repeat.

Tip- It is best to start with known emotions such as happy and sad and introduce new emotions one at a time repeating the activity frequently.

Or

2. Play the emotions game, suitable for 2-4 players.
 - a. Roll a dice or spin the spinner provided.
 - b. Move your counter the correct number of spaces.
 - c. Name the emotion written on the square and say a time when you have felt this emotion.
 - d. The first player to get to the end wins.

Tip- You can add your own rules such as move forward one square if you can name the emotion and time when you felt it or move back one square when you can't.

Please take a photograph of you playing either version of the game, and email the photograph to your child's class

bumblebees@westfieldnurseryschool.org

dragonflies@westfieldnurseryschool.org

ladybirds@westfieldnurseryschool.org

caterpillars@westfieldnurseryschool.org

butterflies@westfieldnurseryschool.org

We love to celebrate home learning and these photographs will be printed, shared and displayed!

Westfield Nursery School Curriculum I Can Communicate My Feelings, Wants and Needs (Personal, Social & Emotional Development)

Expresses self-aware emotions (e.g. pride, excitement) and a wide range of other feelings; Able to manage their emotions (self-regulation) 24-36 months

Expresses a wide range of feelings in their interactions with others and through their behaviour and play (self-regulation) 36-48 months

Beginning to understand a range of complex emotions e.g. embarrassment, guilt or self-doubt (self-regulation) 48-60 months

Talks about their own and others' feelings and behaviour and its consequences; manages their feelings (self-regulation) 48-60 months